



Some assumptions upfront:

- Given suicide is a preventable cause of death which is important to communities, saying NOTHING about how to prevent it makes no sense
- If you are worried that someone may be at risk of suicide, saying NOTHING makes no sense
- If you know someone who has experienced a loss, saying NOTHING makes no sense.

Talking about suicide

- Suicide is an important issue of community concern
- It is important that as a community we are engaged with the issue
- Often confusion about what is meant by “discussing” or “talking about” suicide, and confusion about the evidence
- Need to ensure we are not “too afraid” to talk about suicide, while respecting and understanding the risks.

The risk associated with the “discussion” seems to be related to:

- ✓ The **focus** of the information (about death, about how to cope with a death, about the broader issue)
- ✓ The **status** of the individual receiving the information (little interest, vulnerable, bereaved by suicide)
- ✓ The **format** they receive the information (face-to-face, media)
- ✓ The **place** they receive the information.

*How were the
Conversations Matter
resources developed?*

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Lenses considered:

- **Why? = Focus of discussion**
 - Prevention, Intervention or Postvention
- **How? = Format of discussion**
 - One-on-one, small group, wide-scale (e.g. media)
- **Where? = Setting**
 - School, Workplace, Families, Community, Online, Media
- **Who? = Target groups to be considered**
 - Carers, GLBTI, Young People, Older People, Aboriginal and Torres Strait Islander People, CALD Communities, People with a mental illness, People Living in Rural and Remote Areas, Men, People Bereaved by Suicide .

LITERATURE REVIEW

- Review of research evidence
- Review and analysis of existing resources and approaches

CONSULTATIONS

- Service providers and key informants across 4 settings
- Consultations with community

CORE PRINCIPLES

Three review panels (experts, target groups, settings) review a series of 'principles' to guide prevention-focused, intervention focused, and postvention focused conversations.

ONLINE RESOURCES

- New name and branding for the resources;
- Community resources for discussing suicide;
- Professional resources to support community discussion of suicide.

How can I get started?

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You can download and use the core-principles :

- The core-principles include a series of agreed statements to guide community conversations
- They have been developed following a review of research, consultations and an independent review process
- They cover recommendations for prevention-focused, intervention-focused and postvention-focused conversations.



Find out more

- You can register your interest in receiving **Conversations Matter** updates.
- Read the **background reports** and research.
- If you want to register your interest in professional development in 2014, then **contact the project team**.



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