Introduction to the professional resources

Why was Conversations Matter developed and how can the resources assist?
• Everyone has a role to play in understanding, preventing and responding to suicidal behaviour.

• While communities want to talk about suicide, it can be challenging.

These online resources will provide practical support to guide safe and effective conversations about suicide.

You are currently in the professional stream of resources.

• Information is available to guide a range of different conversations about suicide.

• The full set of resources are currently in development but a series of ‘core principles’ are available for planning work with communities.
The resources will assist professionals and communities to understand:

- **Prevention - focused conversations**: Talking about suicide and suicide prevention more generally.
- **Intervention - focused conversations**: Talking to someone who may be at risk of suicide.
- **Postvention - focused conversations**: Individual and community level conversations that occur following a death.

How can I access and use the resources?
Conversations Matters website is a responsive website and resources are easily accessible online through computers, tablets and mobile devices.

Each community resource can be accessed as:
- Online presentation
- Printed factsheet
- Podcast in male or female voice

Other online resources include:
- Supporting information
- Links to services, programs and resources.

Following extensive community consultation the resources have been developed in multiple formats.
**Online presentations:**
- 10 minutes duration
- Slides and voice over
- Practical tips
- Breakout boxes to highlight important information.

You can download and use the core-principles:
- The core-principles include a series of agreed statements to guide community conversations.
- They have been developed following a review of research, consultations and an independent review process.
- They cover recommendations for prevention-focused, intervention-focused and postvention-focused conversations.
Stay in touch!

- You can register your interest in receiving Conversations Matter updates.
- Share the website today.